

Recommended dose of folic acid supplements for low risk women is:

- 400 mg/day until 12 gwks.
- 4 µg/day until 12 gwks.
- 400 µg/day until 12 gwks.
- 5mg daily until 12 gwks.

The midwife is caring for a woman in labor. The woman is irritable, complains of nausea and vomits and has heavier show. The membranes rupture. The midwife understands that this indicates

- The woman is in transition stage of labor
- The woman is having a complication and the doctor should be notified
- Labor is slowing down and the woman may need oxytocin
- The woman is emotionally distraught and needs assistance in

Newborn babies enter a second period of reactivity while adjusting to the extrauterine life. Which of the following best describe this period:

- Infants will have a rapid heart rate and respiratory rate.
- Infants will be awake, gagging and choking on mucus.
- Infants will sleep for about 90 min.
- Infants are making sucking sounds.